

Adult CPR & AED (Refresher)

成人心肺复苏术 & 自动体外除颤器 (更新)

Help to Save Life 拯救生命

Course Overview 课程介绍

This is a refresher course for current FEA CPR & AED certified candidate who needs to renew their CPR certificate. Pre-reading materials including course manual and education videos will be sent once registration is confirmed. Candidates are required to complete pre-reading materials prior to attending the refresher course. On the course day, educator will briefly demonstrate the CPR steps and allow candidates to practice, followed by the live skills check. Successful candidates will receive a renewed certificate.

这是为曾获得FEA CPR & AED 认证并需要更新证书的人，提供的复习课程。预习材料包括课程手册和教育视频将在报名确认后发送。考生需要在参加复习课程之前阅读所有预习材料。在课程当天，讲师将简要地演示心肺复苏的步骤，并让考生进行练习，随后进行现场技能检查。成功的考生将获得一份更新的证书。

Course Highlights 课程亮点

- Easy to follow, step by step guide to perform CPR according to the AHA standards
容易学习的，根据美国心脏协会 (AHA) 的标准一步步指导心肺复苏术步骤
- Learn CPR in the easiest, most fun, effective yet impactful way
以有趣，有效和有影响力的方式学习CPR
- Hands on practice on CPR manikin and AED training kit
在心肺复苏人体模型和自动体外除颤器进行实操练习

Why Should You Consider This Course? 你为什么要考虑这门课程?

- To renew your CPR certificate
更新其心肺复苏术证书

What Are the Topics Covered? 课程内容包含了哪些主题?

- Refresher on CPR guidelines
心肺复苏指南的复习
- Using an AED
使用AED
- Live skills check -
现场技能检查

Who Will This Benefit? 这项课程适合谁?

- FEA CPR & AED certified individuals who wish to be recertified
希望得到重新认证的FEA CPR和AED认证的个人



Pre-requisite 参课条件

FEA CPR Certificate

FEA 心肺复苏术证书

Course Provider 课程提供单位

Fitness Edutraining Asia (FEA)

CEC Points 继续教育学分

ACE 0.2 CECs

Note: For ACE recertification, certified professionals will be granted 0.4 CECs for holding a valid CPR & AED certificate. You will earn additional 0.2 CECs by using the CEC number printed on the certificate. However every CEC number can only be used one time only.

注意：对于更新ACE证书，持有有效CPR & AED证书的认证专业人员将获得0.4个CECs。通过使用印在证书上的CEC号码，你将获得额外的0.2个CEC。然而，每个CEC号码只能使用一次。

Course Duration 课程时长

The refresher course is 1.5 hours which includes:

更新课程为 1.5 小时，内容包括

- 15 mins of brief demonstration 15 分钟简短示范
- 15 mins of practice time 15 分钟练习时间
- 1 hour of 1-1 live skill check (evaluation) 1 小时 1-1 现场技能检查 (评估)

Participants will need to study the pre-reading materials before attending the refresher course.
学员需要在参加更新课程前学习预习材料。

Learning Materials 学习材料

Digital Handouts, course manual and/or presentation slides

电子讲义，课程手册和/或ppt

Awards 证书

Upon meeting all requirements of this workshop/course, you will be awarded a Certificate of Successful Workshop/Course Completion.

全程参与课程与完成作业后，将获得结业证书

Requirements are as such 达到标准如下：

- full attendance
全程出席
- completion of workshop/course
完成课程
- passing all evaluations
Fitness Edutraining Asia (FEA)

通过测验

Grading Criteria 通过标准

The instructor will provide a live skills check; participants are required to demonstrate primary care skills, based on pre-set scenarios

讲师将提供现场技能检查；参与者需要根据预先设定的场景，展示初级护理技能

Each participant is allowed two attempts to pass the CPR live skills check. Should you not meet the requirements, a retake fee of RM100 is required to enroll in the full course and undergo evaluation once more.

每位学员有两次机会通过心肺复苏术现场技能检查。如果未达到要求，则需要缴纳 100 马币的重考费，以参加完整课程并再次接受考核。

Recertification 重新认证

This certification is valid for 2 years

证照有效期限为两年

Course Capacity 课程人数

A minimum of 6 pax and a maximum of 16 pax

至少6人，最多16人

Language 语言

English, Mandarin

英文，中文

Information displayed above is correct during time of publishing and may subject to change without prior notice

以上资讯若有更动，恕不另行通知。