# **CPR & AED - Basic Life Support (Refresher)**

**Help to Save Life** 

### **Course Overview**

This is a refresher course for current FEA CPR certified candidate who needs to renew their CPR certificate. Pre-reading materials including course manual and lecture videos (via google classroom) will be sent once registration is confirmed. Candidates are required to complete pre-reading materials prior to attending the refresher course. On the course day, educator will briefly demonstrate the CPR steps and allow candidates to practice, followed by the live skills check. Successful candidates will receive a renewed certificate.

### **Course Highlights**

- Easy to follow, step by step guide to performing CPR according to the AHA standards
- Learn CPR in the easiest, most fun, effective yet impactful way
- Hands on practice on CPR manikin and AED training kit

### Why Should You Consider This Course?

• To renew their CPR certificate

## What Are the Topics Covered?

- Refresher on CPR guidelines
- Using an AED
- · Live skills check

#### Who Will This Benefit?

• FEA-CPR & AED certified individuals who wish to be recertified

### Pre-requisite

**FEA CPR Certificate** 

### **Course Provider**

Fitness Edutraining Asia (FEA)

### **CEC Points**

ACE 0.2 CECs

Note: For ACE recertification, certified professionals will be granted 0.4 CECs for holding a valid CPR & AED certificate. You will earn additional 0.2 CECs by using the CEC number printed on the certificate. However every CEC number can only be used one time only.

### **Course Duration**

1.5 hours face to face PLUS 1.5 hours of online learning via google classroom

### **Learning Materials**

Digital course slide handouts

#### **Awards**

Upon meeting all requirements of this workshop/course, you will be awarded a Certificate Fitness Edutraining Asia (FEA)

of Successful Workshop/Course Completion. Fitness Edutraining Asia (FEA)

Requirements are as such:

- full attendance
- completion of workshop/course
- passing all evaluations

# **Grading Criteria**

The instructor will provide a live skills check; participants are required to demonstrate primary care skills, based on pre-set scenarios

### Recertification

This certification is valid for 2 years

### **Exam Fee**

Retake fee: RM 100 (USD 25)

# **Course Capacity**

A minimum of 12 pax and a maximum of 16 pax

# Language

English, Mandarin

Information displayed above is correct during time of publishing and may subject to change without prior notice

