

## **Boost your career by becoming an ISSA Elite Certified Trainer!**

Gain the skills and knowledge you need to become the best personal trainer you can be. You'll change your life in the process too!

Get your PT, Nutritionist, and one extra specialization of your choice, so you can charge higher rates. (Your clients will appreciate the extra skills too.)

Choose ONE extra specialization to give you an edge:

- Bodybuilding
- Glute Specialist
- Group Exercise
- Corrective Exercise
- Online Coach
- Yoga Instructor
- Health Coach
- Running Coach

## **Why Become an Elite Certified Trainer?**

Complete your personal training certification:

This program will show you what works for everybody and why it works for everybody. By the end, you'll confidently build effective, personalized training plans and know exactly how to help your clients hit their fitness and body goals. Even if you're starting from zero.

## **As an Elite trainer, you'll know exactly how to:**

- Properly assess, train and motivate any client
- Pinpoint the best exercises and movements for individual goals
- Provide nutrition coaching that gets results
- Create custom plans that get people excited to workout with you
- Build a profitable career you'll love
- Lead fitness conversations in your local community
- Share your expertise with journalists (and friends) as an industry expert

## **Keep growing your expertise so you can charge higher rates**

Work your way through the rest of your Elite certifications. As an ISSA certified Nutritionist, you'll master the art and science of properly fueling the body. And as a specialist, you'll be able to offer something other trainers can't.

## **We've helped over 475,000 students succeed. Are you ready to add your name to that list?**

This is how we help you:

1. All the study materials are designed to help practical, hands-on learners like you  
We've got something for every style of learner. Learn your way by working with online textbooks, practical quizzes, audio & video lectures, workbooks, bootcamps, forums and more.
2. A dedicated success coach will guide you every step of the way  
Stuck? Your dedicated success coach will be there to point you in the right direction or review your answers. Whatever you need, we'll be there for you.
3. Open book exams take the stress out of passing  
Get your certification from the comfort of your home — no commuting, no testing centers, no pointless bureaucracy.

### **Frequently Asked Questions:**

1. Pre-requisite?  
Must be 18 year old and have proof of current CPR/AED certification
2. What is required to get my certificate?  
You must meet the following:
  - Submission of all course quizzes
  - a score of 75% or better on all sections of the final examination: 100 Multiple Choice, 3 Essay Questions, Untimed/Open Book Exam. 1 Retest included.
  - Proof of current Adult CPR/AED certificate
3. Is there any deadline for the exam?  
You must take the exam within 8 months or you will have to pay a \$10 a month extension fee (up to four). After certified, you can still visit the course materials as long as you have an account with ISSA.
4. What happens if I fail my examination?  
If you fail any portion of your Examination, you will be offered the opportunity to resubmit that portion of the examination, free of charge. (This is known as your second attempt at the examination.) Each retest beyond the second attempt (e.g., third attempt, fourth attempt, etc.) will incur an administrative fee.

5. Is there are an expiry date for the certification?

ISSA trainers are required to renew their certification every 2 years. This process consists of a renewal fee, updated CPR/AED certification, and documentation stating the completion of 20 Continuing Education Units (CEUs). (Please note, fulfillment of this specification is required of trainers only after they have received certification through ISSA. CEUs are not a prerequisite to receiving certification.)

All ISSA Professional Trainers maintain their professional status by:

- Submission of the CE Report Form and accompanying documentation of acceptable CE hours completed during the previous 2-year certification cycle. These documents can be uploaded online at: [ISSAtrainer.com](http://ISSAtrainer.com), under My Account.
- Proof of a valid Basic Adult CPR/AED certification.
- Payment of renewal fees.

6. Renewal Fee

- \$0 if all 20 CEU credits are obtained through ISSA
- \$99 if CEU credits were earned outside of ISSA
- Late Fees: \$40 (3 - 6 months late), \$50 (6 - 12 months late)
- All renewal fees are non-refundable

*Information displayed above is correct during time of publishing and may subject to change without prior notice*