

CPR & AED - Basic Life Support (Refresher)

Help to Save Life

Course Overview

This is a refresher course for current FEA CPR certified candidate who needs to renew their CPR certificate.

Course Highlights

- Easy to follow, step by step guide to performing CPR
- Our certified EFR instructors know how to make learning CPR fun, effective yet impactful

Why Should You Consider This Course?

- To renew their CPR certificate

What Are the Topics Covered?

- Perform adult CPR and how to use an AED on an adult
- Management of an adult choking situation
- Using the first aid kit
- Treatment of sprains, strains, as well as severe bleeding
- Implementation of the RICE method

Who Will This Benefit?

- Fitness Professionals
- Health Professionals
- Strength and Conditioning Professionals
- Sports Coaches
- Fitness Enthusiasts*
- General Public

Pre-requisite

FEA CPR Certificate

Course Provider

Fitness Edutraining Asia (FEA)

CEC Points

ACE 0.2 CECs

Course Duration

1.5 hours face to face PLUS 1.5 hours of online learning.

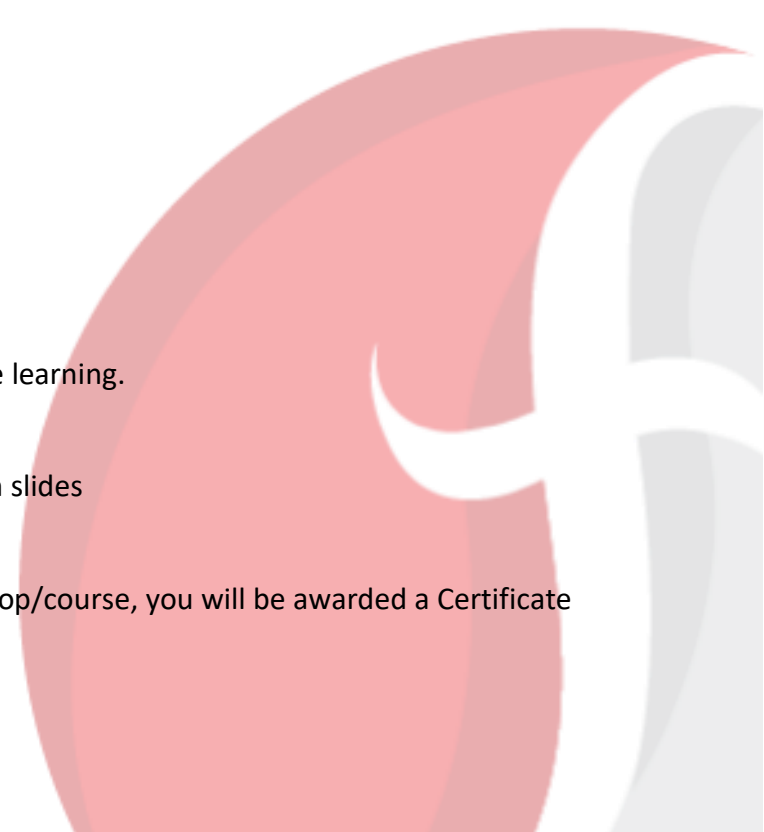
Learning Materials

Handouts, course manual and/or presentation slides

Awards

Upon meeting all requirements of this workshop/course, you will be awarded a Certificate of Successful Workshop/Course Completion.

Fitness Edutraining Asia (FEA)



Requirements are as such:

- full attendance
- completion of workshop/course
- passing all evaluations

Grading Criteria

The instructor will provide a live skills check; participants are required to demonstrate primary care skills, based on pre-set scenarios

Recertification

This certification is valid for 2 years

Course Capacity

A minimum of 12 pax and a maximum of 16 pax

Language

English, Mandarin

Information displayed above is correct during time of publishing and may subject to change without prior notice

