CPR & AED- Basic Life Support (Refresher)

心肺复苏术 & 自动体外除颤器 - 基本 生命保护 (更新)

Help to Save Life

拯救生命

Course Overview 课程介绍

This is a refresher course for current FEA CPR certified candidate who needs to renew their CPR certificate.

这是其更新FEA心肺复苏术认证的课程。

Course Highlights 课程亮点

- Easy to follow, step by step guide to performing CPR 易于遵循,逐步指导进行心肺复苏术
- Our certified EFR instructors know how to make learning CPR fun, effective yet impactful 我们 经过认证的EFR 讲师知道如何 使 学习心肺复苏术变得有趣,有效而又有影响力

What Are the Topics Covered? 你为什么要考虑这门课程?

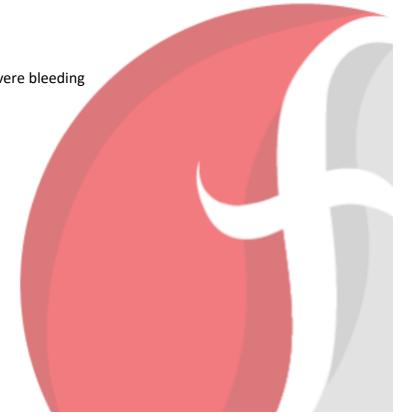
- To renew their CPR certificate
- 更新其心肺复苏术证书

What Are the Topics Covered? 课程内容包含了哪些主题?

- Perform adult CPR and how to use an AED on an adult 为成年人进行心脏复苏术并为其使用AED
- Management of an adult choking situation 应付成人窒息的状况
- Using the first aid kit学习使用急救箱
- Treatment of sprains, strains, as well as severe bleeding 应对扭伤, 拉伤以及严重出血
- Implementation of the RICE method 执行RICE方法

Who Will This Benefit? 这项课程适合谁?

- Fitness Professionals体适能训练专家
- Health Professionals 医疗专家
- Strength and Conditioning Professionals
 肌力与体能训练专家
- Sports Coaches Fitness Edutraining Asia (FEA)



体育教练

- Fitness Enthusiasts 健身爱好者
- General Public
 - 一般大众

Pre-requisite 参课条件

FEA CPR Certificate
FEA 心肺复苏术证书

Course Provider 课程提供单位

Fitness Edutraining Asia (FEA)

CEC Points 继续教育学分

ACE 0.2 CECs

Course Duration 课程时长

- 1.5 hours face to face PLUS 1.5 hours of online learning.
- 1.5 小时 面对面加上 1.5小时的在线学习。

Learning Materials学习材料

Handouts, course manual and/or presentation slides 讲义,课程手册和/或ppt

Awards证书

Upon meeting all requirements of this workshop/course, you will be awarded a Certificate of Successful Workshop/Course Completion.

全程参与课程与完成作业后,将获得结业证书

Requirements are as such 达到标准如下:

- full attendance 全程出席
- completion of workshop/course 完成课程
- passing all evaluations通过测验

Grading Criteria 通过标准

The instructor will provide a live skills check; participants are required to demonstrate primary care skills, based on pre-set scenarios

讲师将会现场示范,并列出一份行动清单,参与者须在榆社场景中,示范基础照顾技能。

Recertification 重新认证

This certification is valid for 2 years 证照有效期限为两年

Course Capacity 课程人数

A minimum of 12 pax and a maximum of 16 pax 至少12人,最多16人

Language 语言

English, Mandarin 英文,中文

Information displayed above is correct during time of publishing and may subject to change without prior notice

以上资讯若有更动, 恕不另行通知。

