CPR - Basic Life Support (Refresher)

心肺复苏术 - 基本 生命保护 (更新)

Help to Save Life

拯救生命

Course Overview 课程介绍

This is a refresher course for current FEA CPR certified candidate who needs to renew their CPR certificate.

这是其更新FEA心肺复苏术认证的课程。

Course Highlights 课程亮点

- Easy to follow, step by step guide to performing CPR 易于遵循,逐步指导进行心肺复苏术
- Our certified EFR instructors know how to make learning CPR fun, effective yet impactful 我们 经过认证的EFR 讲师知道如何 使 学习心肺复苏术变得有趣,有效而又有影响力

What Are the Topics Covered? 你为什么要考虑这门课程?

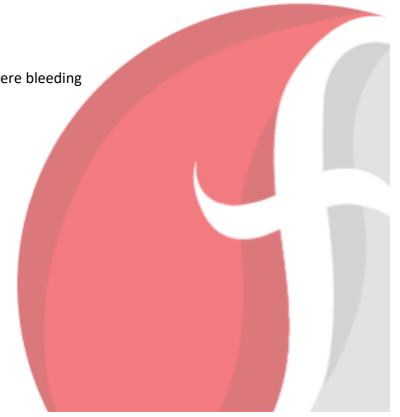
- To renew their CPR certificate
- 更新其心肺复苏术证书

What Are the Topics Covered? 课程内容包含了哪些主题?

- Perform adult CPR and how to use an AED on an adult 为成年人进行心脏复苏术并为其使用AED
- Management of an adult choking situation 应付成人窒息的状况
- Using the first aid kit学习使用急救箱
- Treatment of sprains, strains, as well as severe bleeding 应对扭伤, 拉伤以及严重出血
- Implementation of the RICE method 执行RICE方法

Who Will This Benefit? 这项课程适合谁?

- Fitness Professionals体适能训练专家
- Health Professionals 医疗专家
- Strength and Conditioning Professionals
 肌力与体能训练专家
- Sports Coaches Fitness Edutraining Asia (FEA)



体育教练

- Fitness Enthusiasts 健身爱好者
- General Public
 - 一般大众

Pre-requisite 参课条件

FEA CPR Certificate
FEA 心肺复苏术证书

Course Provider 课程提供单位

Fitness Edutraining Asia (FEA)

CEC Points 继续教育学分

ACE 0.2 CECs

Course Duration 课程时长

- 1.5 hours face to face PLUS 1.5 hours of online learning.
- 1.5 小时 面对面加上 1.5小时的在线学习。

Learning Materials学习材料

Handouts, course manual and/or presentation slides 讲义,课程手册和/或ppt

Awards证书

Upon meeting all requirements of this workshop/course, you will be awarded a Certificate of Successful Workshop/Course Completion.

全程参与课程与完成作业后,将获得结业证书

Requirements are as such 达到标准如下:

- full attendance 全程出席
- completion of workshop/course 完成课程
- passing all evaluations通过测验

Grading Criteria 通过标准

The instructor will provide a live skills check; participants are required to demonstrate primary care skills, based on pre-set scenarios

讲师将会现场示范,并列出一份行动清单,参与者须在榆社场景中,示范基础照顾技能。

Recertification 重新认证

This certification is valid for 2 years 证照有效期限为两年

Course Capacity 课程人数

A minimum of 12 pax and a maximum of 16 pax 至少12人,最多16人

Language 语言

English, Mandarin 英文,中文

Information displayed above is correct during time of publishing and may subject to change without prior notice

以上资讯若有更动, 恕不另行通知。



Fitness Edutraining Asia (FEA)